

Embassy of India
Doha, Qatar

List of State Recognized Yoga Institute & Related Departments in Various States

1. **Delhi**

Morarji Desai National Institute of Yoga
68, Ashoka Road, Near Gole Dak Khana
New Delhi - 110001
Contact: 011-23730417/23730418/23721472
Website: www.yogamdniy.nic.in

2. **Uttarakhand**

- a) Parmarth Niketan Ashram
P.O. Swargashra
Rishikesh (Himalayas); Uttarakhand- 249304
Contact: 0135-2434301/2434302
Website: <http://www.parmarth.com/index.php>
- b) Phool Chatti Ashram
Neelkanth Temple Road
Paliyal Gaon
Uttarakhand- 249302
Contact: 0135 - 6981303/2122196
Website: <http://www.phoolchattiyoga.com/>
- c) Yoga Niketan Ashram
Muni-Ki-Reti
P.O. Shivanand Nagar
Rishikesh, Utaranchal- 249192
Contact: 0135-2430227/2435072
Website: <http://www.yoganiketanashram.org/>

3. **Maharashtra**

- a) The Yoga Institute
Shri Yogendra Marg
Prabhat Colony, Santacruz East

Mumbai - 400055
Contact: 022-26122185/26110506
Website: <http://theyogainstitute.org/>

- b) Ramamani Iyengar Memorial Yoga Institute
1107 B/1, Hare Krishna Mandir Rd, Model Colony, Shivaji Nagar
Pune, Maharashtra - 411016
Contact: 020-25656134
Website: <http://www.bksiyengar.com/>
- c) Shri Ambika Yoga Kutir
B. K. Mill Compound, Meenatai Thackeray Chowk
L.B.S. Road, Thane (West),
Maharashtra, India 400606
Contact: 022-21720876
022-21724951 Website: <http://www.ambikayogkutir.org/>

4. **Karnataka**

- a) Vivekananda Yoga Anusandhana Samsthana or VYASA
19, 'Eknath Bhavan', Gavipuram Circle,
Kempe Gowda Nagar, Bengaluru - 560 019,
Tel: 080-2661 2669 | Telefax: 080-2660 8645
E-mail: info@svyasa.edu.in<http://www.svyasa.edu.in>
- b) Ashtanga Yoga Research Institute
8th Cross Road, Vani Vilas Mohalla, Mysore
Karnataka- 570002
Contact: 09880185500
Website: <http://kpjayi.org/>

5. **Tamil Nadu**

- a) Krishnamacharya Yoga Mandiram
New No.31 (Old #13) Fourth Cross Street
Rama Krishna Nagar, Mandaveli. Chennai - 600028
Contact: 044-24937998/24933092
Website: <http://www.kym.org/>
- b) Integral Yoga Institute
139/86, West Sambandam Road
R S Puram, Coimbatore, Tamil Nadu-641002
Contact: 0422-2556770, Website:<http://www.integralyogaindia.org/>

- c) Isha Yoga Center
Govindasamy Naidu Layout, Singanallur
Coimbatore, Tamil Nadu-641005, Contact: 0422-2515345
Website: <http://isha.sadhguru.org/isha-global-centers/isha-yoga-center/>

6. **Kerala**

- a) Sivananda Yoga Vedanta Dhanwantari Ashram
Neyyar Dam P.O.
Thiruvananthapuram District (Trivandrum)
Kerala-695572
Contact: 0471-2273093 /2272703
Website: <https://www.sivananda.org/neyyardam/>
- b) Amritapuri Ashram
Mata Amritanandamayi Math
Amritapuri.p.o, Kollam, Kerala-690525
Contact: 0476-2897578/2896399
Website: <http://www.amritapuri.org/ashram>

7. **Bihar**

Bihar School of Yoga
Ganga Darshan Fort, Munger, Bihar- 811201
Contact: 06344-222430/228603
Website: <http://www.biharyoga.net/bihar-school-of-yoga/about-bsy/>

8. **Rajasthan**

Brahma Kumari Center
Shantivan Complex
Post box No-1, Abu Road, Rajasthan- 307510
Contact: 09414151111
Website: <http://www.brahmakumaris.com/>

9. **Assam**

Tourist Information Office
Lokapriya G.N.B. international Airport
Borjhar, Guwahati, Assam, Phone: +91-98640-71100

10. **Pudduchery**

Department of Tourism

Ph: +91 413 2358570, 73, 76

Fax: +91 413 2358572

Email: pondytourism@gmail.com, tourism.pon@nic.in

11. **Odisha**

a) Department of Health & Family Welfare

Government of Odisha, Bhubaneswar

FAX :(0674) 2390674

Website: <http://www.ayushodisha.nic.in>

b) Indian Institute of Yogic Science & Research

Bhuvneshwar, Odisha

Phone : 0674-2742891,2742657

Mob: +919438181217, 919040372947

E mail :info@iiysar.ac.in

Website: www.iiysar.ac.in

12. **Gujarat**

Indian Systems of Medicine & Homeopathy (AYUSH)

Office Address :

2nd Floor, Block No. 1,

Dr. Jivraj Mehta Bhavan, Sector - 10,

Gandhinagar. (Gujarat)

Phone No. : 079-23253785

Email : ismh@gujarat.gov.in

13. **Jammu & Kashmir**

Directorate General of Indian System of Medicine,

Shalteng, Srinagar-J&K Ph No: 0194-2496198

Indira Chowk Jammu-J&K Ph No: 0191-2543988

Website:<http://www.jkdism.in/contact.php>